

Distance Healing ∞ Where Intention goes Energy flows

Energy travels in vibrational waves: by setting my intention to connect with you, it reaches you instantly and will stay with you during and beyond the session.

About the session

✨**Upon booking**: we'll discuss your needs and concerns over the phone or via Zoom. Please arrange a quiet day or half-day with no other commitments, so you can fully benefit from the healing session.

✨**Ten minutes before scheduled time:** lie down in a quiet space and relax. Close your eyes, breathe gently, and open yourself to receive healing energy through your intention, for example: 'I connect to healing energy coming to me'. It's that easy.

Deep reconnexion ∞ DNA light activation ∞ Global well-being

✨**On scheduled time,** I'll connect with you through my intention, and healing will begin.
You may feel tingling, warmth, emotions… or have no feelings at all, it's ok; you may just fall asleep : a great way to disconnect your mind and fully benefit from healing.

✨**After the session :** remain calm, in a peaceful surrounding, tuned in to yourself, listening to your feelings, emotions, body messages... Healing energies will stay with you for a few days, so try to stay in connexion as much as possible, chosing a relaxed schedule, going in nature, enjoying yourself !

Purchase

After schedule is set, you'll received my bank details for paiement. Please note paiement must be proceed at least the day before session date. Thank you.

Love & blessings 💫

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